

# Salads

## Gator Trace Salad \$11.25

fresh spinach, romaine, tomatoes, dried cranberries, bacon, red onion & blue cheese crumbles topped with grilled or blackened breast of chicken with grilled or blackened shrimp \$13.75

## Caesar Salad \$6.95

fresh romaine, homemade croutons, black olives and parmesan cheese  
add grilled or blackened chicken \$10.95  
add grilled or blackened shrimp \$13.50

## Chef's Salad \$10.25

mixed greens, sliced ham and turkey with American and Swiss Cheese, tomato, red onion, boiled egg, cucumber and croutons

## House Salad \$6.95

mixed greens, tomato, red onion, cucumber & homemade croutons  
add grilled or blackened chicken \$10.95  
add grilled or blackened shrimp \$13.50  
add a scoop of chicken salad or tuna salad \$11.25

## Salads are Served with a Fresh Roll and Butter

Our dressings are ranch, blue cheese, thousand island, balsamic vinaigrette, oil & vinegar, honey mustard, our house dressing is a raspberry vinaigrette

## Chicken Salad or Tuna

### Salad Platter \$10.95

chunky chicken salad or albacore tuna salad served with fresh seasonal fruit, cottage cheese and a banana nut muffin

## Fresh Fruit Platter \$10.50

an array of fresh seasonal fruit, cottage cheese and a banana nut muffin

## Asian Cool Noodle Salad \$11.50

Asian seasoned breast of chicken, mixed greens, tomato, mandarin oranges and cashew nuts, topped with chilled soba noodles tossed in a sesame ginger dressing with grilled or blackened shrimp \$13.95

## Shrimp Spinach Feta Salad \$13.50

fresh spinach, tomato, red onion, candied walnuts, feta cheese and dried cranberries, topped with grilled or blackened shrimp served with a feta vinaigrette dressing

## Buffalo Chicken Salad \$10.95

fried chicken tenders lightly tossed in buffalo sauce over mixed greens, tomato, red onion, cucumber and blue cheese crumbles

## Taco Salad (beef or chicken) \$11.25

mixed greens, tomato, red onion and shredded cheese with fried flour tortilla chips, topped with seasoned ground beef or chicken with a tangy catalina dressing served with a side of jalapenos, sour cream & salsa

## Diet Platter \$10.95

your choice of grilled or blackened breast of chicken or 8oz turkey burger or an 8oz hamburger patty, served with fresh fruit, cottage cheese and sliced tomatoes

## Cup of Soup & House Salad or Caesar Salad \$9.25

### Soup Du Jour

Cup \$3.25 Bowl \$4.50

